

UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA

LINDA M. BIRKENSTEIN,

Plaintiff,

v.

CAROLYN W. COLVIN, Acting  
Commissioner of Social Security  
Administration,

Defendant.

Case No. SA CV 12-1525-SP

MEMORANDUM OPINION AND  
ORDER

**I.**

**INTRODUCTION**

On September 12, 2012, plaintiff Linda M. Birkenstein filed a complaint against defendant, the Commissioner of the Social Security Administration (“Commissioner”), seeking a review of a denial of disability insurance benefits (“DIB”). Both plaintiff and defendant have consented to proceed for all purposes before the assigned Magistrate Judge pursuant to 28 U.S.C. § 636(c). The court deems the matter suitable for adjudication without oral argument.

1 Plaintiff presents three issues for decision: (1) whether the administrative  
2 law judge (“ALJ”) properly considered the opinions of plaintiff’s treating  
3 physicians, Rifat B. Rifat and James Gitlin; (2) whether the ALJ properly  
4 considered plaintiff’s subjective complaints; and (3) whether the ALJ erred by  
5 failing to show that the alternate jobs cited require little to no vocational  
6 adjustment, despite plaintiff’s advanced age. Memorandum in Support of  
7 Plaintiff’s Complaint (“Pl.’s Mem.”) at 12-21; Memorandum in Support of  
8 Defendant’s Answer (“Def.’s Mem.”) at 2-10.

9 Having carefully studied, inter alia, the parties’ moving papers, the  
10 Administrative Record (“AR”), and the decision of the ALJ, the court concludes  
11 that, as detailed herein, the ALJ improperly rejected the opinions of plaintiff’s  
12 treating physicians, improperly discounted plaintiff’s credibility, and failed to  
13 show that the alternate jobs cited require little to no vocational adjustment, despite  
14 plaintiff’s advanced age. Therefore, the court remands this matter to the  
15 Commissioner in accordance with the principles and instructions enunciated in  
16 this Memorandum Opinion and Order.

## 17 II.

### 18 FACTUAL AND PROCEDURAL BACKGROUND

19 Plaintiff, who was 60 years old on the date of her December 15, 2010  
20 hearing, has three years of college education. AR at 26, 39, 138, 173. She has  
21 past relevant work experience as an emergency room nurse. *Id.* at 26, 41, 47.

22 On January 15, 2009, plaintiff filed an application for DIB, alleging an  
23 onset date of December 1, 2007, due to osteoporosis, degenerative disc disease,  
24 sciatica, high blood pressure, and chronic back and left leg pain. *Id.* at 22, 138,  
25 142, 165. The Commissioner denied plaintiff’s application, after which she filed a  
26 request for a hearing. *Id.* at 20, 54, 61.

1 On December 15, 2010, plaintiff, represented by counsel, appeared and  
2 testified before the ALJ. *Id.* at 39-46, 51-52. Vocational expert (“VE”) Alan  
3 Boroskin also testified at the hearing. *Id.* at 46-51. On January 4, 2011, the ALJ  
4 denied plaintiff’s claim for benefits. *Id.* at 20-27.

5 Applying the well-known five-step sequential evaluation process, the ALJ  
6 found, at step one, that plaintiff has not engaged in substantial gainful activity  
7 since December 1, 2007, the alleged onset date. *Id.* at 22.

8 At step two, the ALJ found that plaintiff suffered from the following severe  
9 impairments: degenerative joint disease bilaterally of the knees, lumbar disk  
10 bulge, fibromyalgia, hypertension, and obesity. *Id.*

11 At step three, the ALJ found that plaintiff’s impairments, whether  
12 individually or in combination, did not meet or medically equal one of the listed  
13 impairments set forth in 20 C.F.R. part 404, Subpart P, Appendix 1 (the  
14 “Listings”). *Id.* at 23.

15 The ALJ then assessed plaintiff’s residual functional capacity (“RFC”) <sup>1</sup> and  
16 determined that she had the capacity to perform a range of light work as defined in  
17 20 C.F.R. § 404.1567(b), consisting of: occasionally lifting and/or carrying twenty  
18 pounds with frequent lifting and/or carrying ten pounds; standing and/or walking,  
19 and sitting for a total of six hours (with normal breaks) in an eight-hour workday.  
20 *Id.* The ALJ found plaintiff was limited to work involving occasional climbing of  
21 ramps and stairs, balancing, stooping, kneeling, crouching, and crawling, as well  
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23 <sup>1</sup> Residual functional capacity is what a claimant can do despite existing  
24 exertional and nonexertional limitations. *Cooper v. Sullivan*, 880 F.2d 1152,  
25 1155-56 nn.5-7 (9th Cir. 1989). “Between steps three and four of the five-step  
26 evaluation, the ALJ must proceed to an intermediate step in which the ALJ  
27 assesses the claimant’s residual functional capacity.” *Massachi v. Astrue*, 486  
F.3d 1149, 1151 n.2 (9th Cir. 2007).

1 as work involving even moderate exposure to machinery and heights. *Id.* The  
2 ALJ also found plaintiff was restricted from work involving climbing of ladders,  
3 ropes, or scaffolds. *Id.*

4 The ALJ found, at step four, that plaintiff was unable to perform any past  
5 relevant work as an emergency room nurse. *Id.* at 26.

6 At step five, the ALJ found that, considering plaintiff's age, education,  
7 work experience, and RFC, plaintiff has acquired work skills from past relevant  
8 work that are transferable to other occupations, such as school nurse and office  
9 nurse, with jobs existing in significant numbers in the national economy. *Id.* at  
10 26-27. Consequently, the ALJ concluded that plaintiff was not under a disability  
11 from December 1, 2007 through the date of his decision. *Id.* at 27.

12 Plaintiff filed a timely request for review of the ALJ's decision, which was  
13 denied by the Appeals Council. *Id.* at 1-3. The decision of the ALJ stands as the  
14 final decision of the Commissioner.

### 15 III.

#### 16 STANDARD OF REVIEW

17 This court is empowered to review decisions by the Commissioner to deny  
18 benefits. 42 U.S.C. § 405(g). The findings and decision of the Commissioner  
19 must be upheld if they are free of legal error and supported by substantial  
20 evidence. *Mayes v. Massanari*, 276 F.3d 453, 458-59 (9th Cir. 2001) (as  
21 amended). But if the court determines that the ALJ's findings are based on legal  
22 error or are not supported by substantial evidence in the record, the court may  
23 reject the findings and set aside the decision to deny benefits. *Aukland v.*  
24 *Massanari*, 257 F.3d 1033, 1035 (9th Cir. 2001); *Tonapetyan v. Halter*, 242 F.3d  
25 1144, 1147 (9th Cir. 2001).

1 “Substantial evidence is more than a mere scintilla, but less than a  
 2 preponderance.” *Aukland*, 257 F.3d at 1035. Substantial evidence is such  
 3 “relevant evidence which a reasonable person might accept as adequate to support  
 4 a conclusion.” *Reddick v. Chater*, 157 F.3d 715, 720 (9th Cir. 1998); *Mayes*, 276  
 5 F.3d at 459. To determine whether substantial evidence supports the ALJ’s  
 6 finding, the reviewing court must review the administrative record as a whole,  
 7 “weighing both the evidence that supports and the evidence that detracts from the  
 8 ALJ’s conclusion.” *Mayes*, 276 F.3d at 459. The ALJ’s decision “cannot be  
 9 affirmed simply by isolating a specific quantum of supporting evidence.”  
 10 *Aukland*, 257 F.3d at 1035 (quoting *Sousa v. Callahan*, 143 F.3d 1240, 1243 (9th  
 11 Cir. 1998)). If the evidence can reasonably support either affirming or reversing  
 12 the ALJ’s decision, the reviewing court “may not substitute its judgment for that  
 13 of the ALJ.” *Id.* (quoting *Matney v. Sullivan*, 981 F.2d 1016, 1018 (9th Cir.  
 14 1992)).

#### 15 IV.

#### 16 DISCUSSION

##### 17 A. The ALJ Failed to Provide Specific and Legitimate Reasons for 18 Rejecting the Opinions of Plaintiff’s Treating Physicians

19 Plaintiff argues that the ALJ erred in granting little or no weight to the  
 20 functional capacity assessments of treating physicians Rifat B. Rifat and James G.  
 21 Gitlin. Pl.’s Mem. at 12. Specifically, plaintiff contends that the ALJ erred in  
 22 discounting Dr. Rifat’s opinion, without giving specific and legitimate medical  
 23 reasons, for having rendered “a broad conclusion” of disability that only the  
 24 Commissioner can ultimately determine (*id.* at 12-13), and in failing to accord  
 25 appropriate weight to evidence from Dr. Rifat, despite his status as a treating  
 26 source (*id.* at 13-14). Also, plaintiff contends that the ALJ erred when he  
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1 concluded, without giving specific and legitimate reasons, that plaintiff's own  
2 statements contradicted Dr. Gitlin's opinion and that Dr. Gitlin's functional  
3 capacity assessment was not supported by the objective medical evidence. *Id.* at  
4 14-15. The court agrees with plaintiff.

5 In determining whether a claimant has a medically determinable  
6 impairment, among the evidence the ALJ considers is medical evidence. 20  
7 C.F.R. § 416.927(b). In evaluating medical opinions, the regulations distinguish  
8 among three types of physicians: (1) treating physicians; (2) examining  
9 physicians; and (3) non-examining physicians. 20 C.F.R. § 416.927(c), (e); *Lester*  
10 *v. Chater*, 81 F.3d 821, 830 (9th Cir. 1995) (as amended). "Generally, a treating  
11 physician's opinion carries more weight than an examining physician's, and an  
12 examining physician's opinion carries more weight than a reviewing physician's."  
13 *Holohan v. Massanari*, 246 F.3d 1195, 1202 (9th Cir. 2001); 20 C.F.R.  
14 § 416.927(c)(1)-(2). The opinion of the treating physician is generally given the  
15 greatest weight because the treating physician is employed to cure and has a  
16 greater opportunity to understand and observe a claimant. *Smolen v. Chater*, 80  
17 F.3d 1273, 1285 (9th Cir. 1996); *Magallanes v. Bowen*, 881 F.2d 747, 751 (9th  
18 Cir. 1989).

19 Nevertheless, the ALJ is not bound by the opinion of the treating physician.  
20 *Smolen*, 80 F.3d at 1285. If a treating physician's opinion is uncontradicted, the  
21 ALJ must provide clear and convincing reasons for giving it less weight. *Lester*,  
22 81 F.3d at 830. If the treating physician's opinion is contradicted by other  
23 opinions, the ALJ must provide specific and legitimate reasons supported by  
24 substantial evidence for rejecting it. *Id.* at 830. Likewise, the ALJ must provide  
25 specific and legitimate reasons supported by substantial evidence in rejecting the  
26 contradicted opinions of examining physicians. *Id.* at 830-31. The opinion of a  
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1 non-examining physician, standing alone, cannot constitute substantial evidence.  
2 *Widmark v. Barnhart*, 454 F.3d 1063, 1067 n.2 (9th Cir. 2006); *Morgan v.*  
3 *Comm'r*, 169 F.3d 595, 602 (9th Cir. 1999); *see also Erickson v. Shalala*, 9 F.3d  
4 813, 818 n.7 (9th Cir. 1993).

5 **1. Dr. Rifat**

6 Dr. Rifat, a family practitioner, treated plaintiff from November 1992 at  
7 least through February 2009. AR at 223-32, 235-64, 295-386. On December 6,  
8 2007, Dr. Rifat treated plaintiff for sciatic pain on her left side, which she reported  
9 to have experienced for the preceding three months and for which ibuprofen was  
10 not working. *Id.* at 262. Dr. Rifat examined plaintiff and found abnormalities in  
11 her back. *Id.* at 263. Dr. Rifat then diagnosed sciatica and osteopenia and  
12 administered a trigger point injection. *Id.* at 264.

13 On June 12, 2008, Dr. Rifat noted plaintiff's complaint of sciatic pain  
14 radiating down her left leg. *Id.* at 247. An MRI of the lumbar spine dated July 30,  
15 2008 revealed mild scoliosis to the right in the mid-lower spine, and a minimal  
16 central disc protrusion at L4-5 with increased fluid in the facet joints, consistent  
17 with active synovitis. *Id.* at 241-42. On July 28, 2009, Dr. Rifat noted a positive  
18 anti-nuclear antibody blood test and recommended rheumatological workup. *Id.* at  
19 320, 322.

20 On May 31, 2010, Dr. Rifat wrote a narrative report detailing the course of  
21 plaintiff's illnesses, the prescribed treatment, and her response to treatment. *Id.* at  
22 296-98. He indicated that plaintiff had suffered from low back and radicular pain  
23 from September 2007, and that he had referred plaintiff to Jeffrey Tan Ho, D.O., a  
24 specialist in physical medicine and rehabilitation, Zafar Khan, M.D., an orthopedic  
25 surgeon, Gharoon Panahi, M.D., a rheumatologist, and James Gitlin, M.D., also a  
26 rheumatologist. *Id.* After reviewing the four physicians' evaluations of plaintiff  
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1 as well as his own, Dr. Rifat determined that plaintiff has lumbar pain,  
2 radiculopathic low back pain, sacroiliitis, lumbar facet joint synovitis, scleroderma  
3 and/or mixed connective tissue disease, and fibromyalgia – which, together,  
4 “result in having her experience wide-spread continuous, 24-hour pain, that is only  
5 partially responsive to analgesic and other pharmacologic treatment modalities.”  
6 *Id.* at 298. Dr. Rifat added that the pain experienced by plaintiff was “not  
7 amenable to physical therapy, trigger point injections, or certainly any surgical  
8 intervention.” *Id.* Thus, Dr. Rifat concluded that plaintiff “should be considered  
9 totally and permanently disabled,” as she was “weak, lethargic and lacking  
10 adequate mental sharpness to qualify for any employment or re-training.” *Id.*

11 In his decision, although the ALJ cited some of Dr. Rifat’s findings, the ALJ  
12 rejected Dr. Rifat’s opinion concerning plaintiff’s work capacity without  
13 providing specific and legitimate reasons. *See id.* at 24-26. The ALJ did provide  
14 two reasons. First, the ALJ gave “great weight” to the April 2009 opinion of  
15 Rocely Ella-Tamayo, M.D., a consultative examiner, that plaintiff “is capable of  
16 work at the light exertional level with further limitation of occasional kneeling and  
17 squatting” because this opinion “is supported by the evidence as a whole . . . .” *Id.*  
18 at 25, 272. Second, the ALJ rejected Dr. Rifat’s conclusion because “the  
19 determination on whether an individual is ‘disabled’ or ‘unable to work’ under the  
20 Social Security Act and Regulations is one that is reserved to the Commissioner  
21 (Social Security Ruling 96-5p).” *Id.* at 25. The court, however, does not find  
22 these reasons to be specific and legitimate.

23 As discussed above, the ALJ is not bound by a treating physician’s opinion  
24 and may opt to give greater weight to a consulting physician’s opinion than to a  
25 treating physician’s opinion. *See Smolen*, 80 F.3d at 1285. And the ALJ was  
26 correct to note that the determination of an individual’s disability is “one that is  
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reserved to the Commissioner.” AR at 25. But the ALJ failed to explain with specific and legitimate reasons why he rejected Dr. Rifat’s opinion and preferred Dr. Ella-Tamayo’s opinion, except to indicate generally that the consulting physician’s opinion was “supported by the evidence as a whole.” AR at 25. Specifically, the ALJ did not evaluate Dr. Rifat’s diagnoses and determination that the combined effects of plaintiff’s impairments “result in having her experience wide-spread continuous, 24-hour pain, that is only partially responsive to analgesic and other pharmacologic treatment modalities” – thus effectively rejecting Dr. Rifat’s opinion without discussion. *See Smolen*, 80 F.3d at 1286 (“By disregarding [plaintiff’s treating physicians’] opinions and making contrary findings, [the ALJ] effectively rejected them.”). Indeed, the ALJ failed to address any of Dr. Rifat’s findings, let alone provide a specific and legitimate reason for rejecting them. *See generally* AR at 23-26. Accordingly, the ALJ erred in rejecting Dr. Rifat’s opinion. *See Lester*, 81 F.3d at 830 (“Even if the treating doctor’s opinion is contradicted by another doctor, the Commissioner may not reject this opinion without providing ‘specific and legitimate reasons’ supported by substantial evidence in the record for so doing.”) (internal quotation marks and citation omitted).

## **2. Dr. Gitlin**

Dr. Gitlin is a rheumatologist who treated plaintiff from April 2010 to October 2010 and completed a “Multiple Impairment Questionnaire” on November 1, 2010. AR at 401-21, 423-30. After diagnosing plaintiff as suffering from sclerodactyly and finding that she was still experiencing pain throughout her body, especially in her joints and wrist, Dr. Gitlin prescribed Voltaren, an anti-inflammatory medication, and ordered x-rays of plaintiff’s knees. *Id.* at 411, 417. X-rays of the knees were taken on October 1, 2010, and Naser Rahbar, M.D.,

1 provided Dr. Gitlin with a Radiology Report, which revealed “degenerative  
2 changes in both knee joints, mainly involving the medial compartment,  
3 represented by decreased joint space.” *Id.* at 409-10. On October 26, 2010,  
4 Dr. Gitlin found plaintiff to be “still quite symptomatic,” with pain in both knees,  
5 low back, and right hip as well as fatigue. *Id.* at 408. Dr. Gitlin found plaintiff  
6 experienced only “partial relief of pain” from medication. *Id.*

7 In the Multiple Impairment Questionnaire, Dr. Gitlin affirmed the diagnoses  
8 of bilateral degenerative arthritis of the knees, severe low back pain with  
9 synovitis, an abnormal lupus test, and possible fibromyalgia. *Id.* at 423. Clinical  
10 findings in support of the diagnoses included patellar crepitus, diminished ranges  
11 of motion with pain at the extremes of motion, and tender points in the soft tissues.  
12 *Id.* Dr. Gitlin found that plaintiff’s primary symptoms consisted of persistent pain  
13 in the knees, low back, and right hip, with numbness and tingling in the right foot;  
14 fatigue; and depression. *Id.* at 424. In his assessment of plaintiff’s RFC, Dr.  
15 Gitlin estimated that, in an eight-hour workday, plaintiff could: sit no more than  
16 one hour and stand/walk no more than one hour with the need to get up and move  
17 around for five to ten minutes every hour; lift up to 20 pounds occasionally and up  
18 to five pounds frequently; carry up to ten pounds occasionally and five pounds  
19 frequently. *Id.* at 425-26. Dr. Gitlin also estimated that plaintiff has moderate  
20 limitations in her ability to grasp, turn, twist objects, and perform fine and gross  
21 manipulations and marked limitations in using arms for reaching. *Id.* at 426-27.  
22 Dr. Gitlin then indicated that eight different medications had been prescribed for  
23 plaintiff for her various conditions and that she had received epidural injections  
24 for her back pain. *Id.* at 427. In sum, Dr. Gitlin found that plaintiff’s symptoms  
25 frequently interfered with her attention and concentration, that she would be  
26 incapable of tolerating even a “low stress” work environment, and that a patient  
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1 such as plaintiff, with “multiple chronic musculoskeletal pain symptoms as  
2 described above[,] should be considered unable to work.” *Id.* at 428-29.

3 In his decision, the ALJ gave Dr. Gitlin’s opinion regarding plaintiff’s RFC  
4 “little weight” because plaintiff’s own testimony “indicate[d] she is capable of a  
5 greater range of physical activity on a daily basis” and “the level of limitations  
6 described by Dr. Gitlin are not supported by the objective medical findings.” *Id.*  
7 at 25. Instead, as discussed above, the ALJ gave “great weight” to Dr. Ella-  
8 Tamayo’s opinion that plaintiff “is capable of work at the light exertional level  
9 with further limitation of occasional kneeling and squatting” because this opinion  
10 “is supported by the evidence as a whole . . . .” *Id.* The court, however, does not  
11 find the ALJ’s reasons to be specific and legitimate.

12 First, as discussed in Section IV.B below, the ALJ erred in finding that  
13 plaintiff “indicate[d] she is capable of a greater range of physical activity on a  
14 daily basis.” *See id.* This finding does not accurately represent plaintiff’s  
15 statements about her daily activities. *See infra.* As such, the ALJ’s construction  
16 of plaintiff’s statements regarding her range of physical activity cannot provide a  
17 basis for discounting Dr. Gitlin’s opinion.

18 Second, the ALJ did not provide any specific basis for his broad assertion  
19 that “the level of limitations described by Dr. Gitlin are not supported by the  
20 objective medical findings.” *See AR* at 25. Just as with Dr. Rifat’s findings, the  
21 ALJ’s opinion contains no evaluation of Dr. Gitlin’s medical findings or opinion  
22 on plaintiff’s RFC, let alone specific and legitimate reasons as required. *See*  
23 *generally id.* at 23-26. Defendant is correct that an ALJ may disregard a treating  
24 physician’s opinion and instead accept an examining physician’s opinion if he  
25 provides valid reasons for doing so. *See Def.’s Mem.* at 6. “This can be done by  
26 setting out a detailed and thorough summary of the facts and conflicting clinical  
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evidence, stating [the ALJ's] interpretations thereof, and making findings.” *Orn v. Astrue*, 495 F.3d 625, 632 (9th Cir. 2007) (citation omitted). But any such detailed summary and analysis is conspicuously missing here. Thus, once again, this court is left to guess as to why the ALJ found the objective medical findings do not support Dr. Gitlin’s findings. As such, the ALJ erred in rejecting Dr. Gitlin’s opinion. *See Lester*, 81 F.3d at 830.

As the ALJ failed to provide specific and legitimate reasons for discounting the opinions of Drs. Rifat and Gitlin, the ALJ erred in giving little weight to the two treating physicians’ opinions and instead according greater weight to the opinion of a non-treating physician, Dr. Ella-Tamayo.

**B. The ALJ Failed to Provide Clear and Convincing Reasons for Discounting Plaintiff’s Subjective Complaints**

Plaintiff argues that the ALJ failed to make a proper credibility determination. Pl.’s Mem. at 15-19. Specifically, plaintiff contends that the reasons provided by the ALJ for discounting plaintiff’s subjective complaints “are not fully credible,” nor clear and convincing. *Id.* This court agrees.

An ALJ must make specific credibility findings, supported by the record. Social Security Ruling (“SSR”) 96-7p.<sup>2</sup> To determine whether testimony concerning symptoms is credible, an ALJ engages in a two-step analysis. *Lingenfelter v. Astrue*, 504 F.3d 1028, 1035-36 (9th Cir. 2007). First, an ALJ

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<sup>2</sup> “The Commissioner issues Social Security Rulings to clarify the Act’s implementing regulations and the agency’s policies. SSRs are binding on all components of the [Social Security Administration]. SSRs do not have the force of law. However, because they represent the Commissioner’s interpretation of the agency’s regulations, we give them some deference. We will not defer to SSRs if they are inconsistent with the statute or regulations.” *Holohan*, 246 F.3d at 1203 n.1 (internal citations omitted).

1 must determine whether a claimant produced objective medical evidence of an  
2 underlying impairment, ““which could reasonably be expected to produce the pain  
3 or other symptoms alleged.”” *Id.* at 1036 (quoting *Bunnell v. Sullivan*, 947 F.2d  
4 341, 344 (9th Cir. 1991) (en banc)). Second, if there is no evidence of  
5 malingering, an “ALJ can reject the claimant’s testimony about the severity of her  
6 symptoms only by offering specific, clear and convincing reasons for doing so.”  
7 *Smolen*, 80 F.3d at 1281; *Benton v. Barnhart*, 331 F.3d 1030, 1040 (9th Cir.  
8 2003). An ALJ may consider several factors in weighing a claimant’s credibility,  
9 including: (1) ordinary techniques of credibility evaluation such as a claimant’s  
10 reputation for lying; (2) the failure to seek treatment or follow a prescribed course  
11 of treatment; and (3) a claimant’s daily activities. *Tommasetti v. Astrue*, 533 F.3d  
12 1035, 1039 (9th Cir. 2008); *Bunnell*, 947 F.2d at 346-47.

13 In his decision, the ALJ found plaintiff’s “medically determinable  
14 impairments could reasonably be expected to cause the alleged symptoms” (AR at  
15 25), which “satisfie[s] the first [step] of the ALJ’s inquiry regarding the credibility  
16 of [plaintiff]’s complaints.” *Vasquez v. Astrue*, 572 F.3d 586, 591 (9th Cir. 2009).  
17 At the second step, because the ALJ did not find any evidence of malingering (*see*  
18 *generally* AR at 23-26), the ALJ was required to provide clear and convincing  
19 reasons for discounting plaintiff’s credibility. *See Benton*, 331 F.3d at 1040.

20 In his decision, the ALJ provided three reasons as to why he determined that  
21 “the record does not fully support the severity of [plaintiff’s] allegations.” AR at  
22 25. First, the ALJ found that plaintiff had “reported functional abilities that lessen  
23 the credibility of her allegations,” pointing to the fact that she can “prepare meals  
24 daily, dress herself, do laundry, shop in stores on a weekly basis, and do light  
25 house cleaning and yard work.” *Id.* at 25, 183-85. Second, the ALJ found  
26 plaintiff had received conservative treatment only, “consisting of a few injections,  
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1 prescribed pain medication, and therapeutic exercises,” but without any surgery  
2 recommendations. *Id.* at 25. Third, the ALJ found that plaintiff had not “followed  
3 through with all recommended treatment.” *Id.* The court finds the ALJ’s reasons  
4 were not clear and convincing reasons supported by substantial evidence.

5 First, the ALJ noted that plaintiff’s own reported activities of daily living  
6 “lessen the credibility of her allegations” of limitations. *Id.* The ALJ may  
7 properly consider inconsistencies between plaintiff’s pain allegations and daily  
8 activities. *See Thomas v. Barnhart*, 278 F.3d 947, 958-59 (9th Cir. 2002). But the  
9 ALJ’s finding that plaintiff’s daily activities lessen her credibility misstates the  
10 record and is not supported by substantial evidence. *See Lingenfelter*, 504 F.3d at  
11 1036 (reasons for discrediting plaintiff that mischaracterize the record “provide[]  
12 no support for the [ALJ’s] credibility finding[]”).

13 The ALJ noted from plaintiff’s Exertion Questionnaire completed on March  
14 3, 2009 that she could “prepare meals daily, dress herself, do laundry, shop in  
15 stores on a weekly basis, and do light house cleaning and yard work.” AR at 25,  
16 183-85. Yet, the ALJ failed to note plaintiff’s additional explanatory remarks  
17 included in the Exertion Questionnaire or to address the responses she gave at the  
18 December 15, 2010 hearing. *See id.* at 25, 41-46, 183-85. With regard to meal  
19 preparation, plaintiff indicated in the Questionnaire that she “love[s] to cook” but  
20 that “sometimes it is very difficult to stand to prepare a meal for dinner” and that  
21 she has to “start early and sit down often.” *Id.* at 183. Plaintiff further stated at  
22 the hearing that “just standing in the kitchen and preparing food for half an hour  
23 . . . really gets [her] back and [her] hips sometimes.” *Id.* at 42-43. As for dressing  
24 herself, plaintiff indicated that it is “sometimes painful” (*id.* at 183) and that  
25 “[g]etting up is probably one of the hardest times of the day, because that’s when  
26 [she has] the most pain” (*id.* at 42). Regarding laundry and house cleaning,  
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1 plaintiff indicated she has a weekly housekeeping service to do the major chores  
2 and her mother “does most of the laundry and dishes,” though plaintiff does help  
3 with light chores, such as “straightening up.” *Id.* at 184. She stated that “even just  
4 making beds sometimes [or] . . . just lifting the end of the mattress [is] hard.” *Id.*  
5 at 42. As for shopping, she stated she takes “short trips” and with her mother  
6 usually. *Id.* at 43, 184. Finally, regarding yardwork, plaintiff stated that she does  
7 “light yardwork,” which she described as trimming roses and watering and feeding  
8 her plants. *Id.* at 184. She added that she does not do yardwork “for very long”  
9 and “sit[s] frequently” when she does it. *Id.*

10 As plaintiff asserts in her briefing, the ALJ’s failure to account for these  
11 explanatory details and descriptions of pain in plaintiff’s testimonies resulted in  
12 distortion of plaintiff’s statements about her daily activities and her pain and  
13 limitations. Pl.’s Mem. at 17; *see Benecke v. Barnhart*, 379 F.3d 587, 594 (9th  
14 Cir. 2004) (ALJ erred in discrediting plaintiff’s pain testimony based on daily  
15 activities that were “quite limited and carried out with difficulty[]”). Although the  
16 ALJ took note, in an earlier portion of his opinion, of plaintiff’s testimony at the  
17 hearing that sitting for more than fifteen minutes is difficult for her and requires  
18 her to stand for at least five minutes before being able to sit again and that she  
19 cannot stand for more than thirty minutes due to pain on her back and hips (AR at  
20 24), the ALJ did not address these statements, which were given in the context of  
21 plaintiff’s descriptions of daily activities, in assessing her capacity for the  
22 activities. Nor did the ALJ take into account plaintiff’s statement that “for the  
23 most part, every day, at some point, I am hurting too bad to do much of anything,  
24 but just sit and take some more pills and wait for them to work.” *See id.* at 43.  
25 Moreover, plaintiff’s testimony at the hearing that she slept at most only four to  
26 five hours per night due to pain is missing from the ALJ’s analysis. *See id.* at 46.

1 In any event, plaintiff's reported daily activities are not inconsistent with  
2 her claim of disabling impairments. *See Orn*, 495 F.3d at 639 (the mere fact that  
3 plaintiff has carried on certain daily activities is not a clear and convincing reason  
4 for discrediting his testimony); *Fair v. Bowen*, 885 F.2d 597, 603 (9th Cir. 1989)  
5 (“[M]any home activities are not easily transferable to what may be the more  
6 grueling environment of the workplace, where it might be impossible to  
7 periodically rest or take medication.”); *see also Vertigan v. Halter*, 260 F.3d 1044,  
8 1049-50 (9th Cir. 2001) (plaintiff's ability to go grocery shopping with assistance,  
9 walk approximately an hour in the mall, get together with friends, play cards,  
10 swim, watch television, read, take physical therapy, and exercise at home did not  
11 constitute a clear and convincing reason for rejecting her pain testimony). Here,  
12 “there is neither evidence to support that [plaintiff]'s activities were ‘transferable’  
13 to a work setting nor proof that [plaintiff] spent a ‘substantial’ part of [her] day  
14 engaged in transferable skills.” *Orn*, 495 F.3d at 639; *see AR* at 25-26.  
15 Accordingly, the ALJ erred to the extent he rejected plaintiff's testimony based on  
16 her daily activities. *See Orn*, 495 F.3d at 639 (“The ALJ must make ‘specific  
17 findings relating to [the daily] activities’ and their transferability to conclude that a  
18 claimant's daily activities warrant an adverse credibility determination.”).

19 Second, the ALJ noted plaintiff has received conservative treatment. *AR* at  
20 25; *see Parra v. Astrue*, 481 F.3d 742, 751 (9th Cir. 2007) (“[E]vidence of  
21 ‘conservative treatment’ is sufficient to discount a claimant's testimony regarding  
22 severity of an impairment.”). The ALJ explained that plaintiff's treatment  
23 consisted only of “a few injections, prescribed pain medication, and therapeutic  
24 exercises,” but without any surgery recommendations. *AR* at 25. This was not a  
25 clear and convincing reason.

1       The ALJ correctly determined that plaintiff largely received conservative  
2 treatment, but he failed to acknowledge the serious nature of some of the treatment  
3 plaintiff received. While the ALJ properly concluded that pain medication and  
4 therapeutic exercises that plaintiff received were conservative treatment measures,  
5 epidural and trigger point injections may not be considered conservative. *See*  
6 *Tommasetti*, 533 F.3d at 1040 (describing anti-inflammatory medication as  
7 conservative treatment); *Christie v. Astrue*, No. 10-3448, 2011 WL 4368189, at  
8 \*4 (C.D. Cal. Sept. 16, 2011) (refusing to characterize steroid and trigger point  
9 injections as conservative). As the ALJ himself observed, plaintiff received  
10 various injections over the course of her treatment, including a trigger point  
11 injection for sciatica, caudal injections, a lumbar epidural injection, and  
12 hyaluronidase injections to her left knee. AR at 24, 288, 291, 296-97, 372, 388,  
13 393, 395. Thus, it was improper for the ALJ to characterize the treatment  
14 recommendations plaintiff received as only “conservative.” *Id.* at 25.

15       Moreover, the ALJ’s observation that “[n]o doctor has recommended  
16 surgery for [plaintiff’s] knees or back condition” miscasts the record. As Dr. Rifat  
17 reported, Zafar Kahn, M.D., a spine orthopedic surgeon who examined plaintiff,  
18 concluded that “there is no surgical solution that would alleviate [plaintiff’s]  
19 symptoms” in her lower back. *Id.* at 297. Similarly, Dr. Panahi and Dr. Gitlin,  
20 who examined plaintiff for her knee condition, offered “no further treatment  
21 recommendation” than what she was already getting. Furthermore, with regard to  
22 plaintiff’s fibromyalgia, Dr. Rifat reported that the “wide-spread continuous, 24-  
23 hour pain” was “only partially responsive to analgesic and other pharmacological  
24 treatment modalities,” but was nonetheless “not amenable to physical therapy,  
25 trigger point injections, or certainly any surgical intervention.” *Id.* at 298. As  
26 surgical solutions to plaintiff’s problems of pain were considered unavailable by  
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1 physicians who treated and examined plaintiff, it was improper for the ALJ to cite  
2 lack of surgery recommendation as a reason for discounting plaintiff's credibility.  
3 Accordingly, the ALJ erred to the extent he rejected plaintiff's testimony based on  
4 conservative treatment and lack of surgery recommendation.

5 Third, the ALJ found that plaintiff had not "followed through with all  
6 recommended treatment." *Id.* at 25. Although the ALJ did not identify the alleged  
7 noncompliance, he noted elsewhere in the opinion that Dr. Ho and Dr. Kahn  
8 recommended facet joint injection in April and May 2009, but plaintiff did not  
9 return for further treatment with either physician and "[t]here is no evidence  
10 [plaintiff] followed through with the recommendations for facet injection." *Id.* at  
11 24, 284, 388, 391. Medical records produced by Dr. Kahn includes a note  
12 indicating that plaintiff did return to the physician in July for back pain treatment,  
13 at which time plaintiff received another recommendation for facet joint injection.  
14 *Id.* at 284. Another note produced by Dr. Kahn shows that Dr. Ho gave plaintiff  
15 caudal injections in April 2009 and June 2009 and an epidural procedure in  
16 August 2009. *Id.* at 291. The note, lacking detailed descriptions, does not explain  
17 why caudal and epidural injections, instead of facet joint injections, were  
18 administered. *See id.* But given that plaintiff sought treatment from Dr. Ho for  
19 her back pain, it is clear that the caudal and epidural injections were administered  
20 to alleviate plaintiff's back pain. Thus, to the extent that the ALJ found plaintiff  
21 to have been noncompliant regarding injection recommendations by Drs. Ho and  
22 Kahn, the ALJ appears to have erred in fact. The record shows plaintiff did follow  
23 the two physicians' recommendations and received further treatment with the two  
24 physicians. Accordingly, the ALJ erred to the extent he discounted plaintiff's  
25 subjective complaints based on noncompliance.

1 In sum, the ALJ did not provide clear and convincing reasons supported by  
2 substantial evidence for discounting plaintiff's credibility.

3 **C. The ALJ Failed to Show the Alternate Jobs Cited Require Little to No**  
4 **Vocational Adjustment in Light of Plaintiff's Advanced Age**

5 Plaintiff asserts that the ALJ failed to make a proper finding on vocational  
6 adjustment. Pl.'s Mem. at 19-21. Specifically, plaintiff argues because she, as a  
7 sixty-two-year-old, was closely approaching retirement age as of her last insured  
8 date, the ALJ was required to make a specific finding that very little to no  
9 vocational adjustment would be required for plaintiff's skills to transfer from her  
10 past relevant work as emergency room nurse to the school nurse or office nurse  
11 positions identified by the ALJ. *Id.* at 20-21. Plaintiff contends the ALJ erred in  
12 failing to make this required finding of very little to no vocational adjustment. *Id.*  
13 This court agrees.

14 When determining whether or not individuals aged fifty-five and over have  
15 transferable skills to alternative jobs, the ALJ must consider the degree of  
16 vocational adjustment involved in utilizing acquired skills in a new job. "For a  
17 finding of transferability of skills to light work for individuals of advanced age  
18 who are closely approaching retirement age (age 60-64), there must be very little,  
19 if any, vocational adjustment required in terms of tools, work processes, work  
20 settings, or the industry." 20 C.F.R. § 404, Subpart P, App. 2, § 202.00(f). Such  
21 individuals

22 cannot be expected to make a vocational adjustment to substantial  
23 changes in work simply because skilled or semi-skilled jobs can be  
24 identified which have some degree of skill similarity with their past  
25 relevant work. In order to establish transferability of skills for such  
26 individuals, the semiskilled or skilled jobs duties of their past work  
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1 must be so closely related to other jobs which they can perform that  
2 they could be expected to perform these other identified jobs at a high  
3 degree of proficiency with a minimal amount of job orientation.  
4 SSR 82-41; *see also Renner v. Heckler*, 786 F.2d 1421, 1424 (9th Cir. 1986) (in  
5 cases involving advanced age individuals, the ALJ must make a specific finding as  
6 to the amount of vocational adjustment required). Requiring the ALJ to  
7 demonstrate that claimants of advanced age would be able to perform alternative  
8 jobs with “very little, if any, vocational adjustment . . . is necessary to assure that  
9 the correct legal standard was applied. Thus the ALJ must either make a finding  
10 of ‘very little vocational adjustment’ or otherwise acknowledge that a more  
11 stringent test is being applied which takes into consideration appellant’s age.”  
12 *Renner*, 786 F.2d at 1424; *see also Greenwood v. Chater*, 1996 WL 945021, at \*8  
13 (C.D. Cal. 1996) (finding that the ALJ erred by failing to make specific findings  
14 with respect to vocational adjustment necessary for transfer of skills held by an  
15 advanced age plaintiff).

16 Here, the ALJ’s opinion appears to indicate that no vocational adjustment  
17 would be required for plaintiff – who was fifty-seven years old as of the onset of  
18 her disability, sixty at the time of her hearing, and sixty-two as of her last insured  
19 date (thereby classifying her in the “advanced age closely approaching retirement”  
20 category ) – for transfer from her past relevant work as an emergency nurse to a  
21 school nurse or office nurse position. *See* AR at 26-27. The ALJ stated that at the  
22 hearing the VE “was asked if any occupations exist which could be performed by  
23 an individual with the same age, education, past relevant work experience, and  
24 residual functional capacity as the claimant, and which require skills acquired in  
25 the claimant’s past relevant work but no additional skills.” *Id.* at 26. The ALJ  
26 then stated that the VE identified school nurse and office nurse as occupations that  
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1 such individuals could perform. *Id.* at 26-27. This description of the VE's  
2 testimony appears to show that no vocational adjustment would be necessary for  
3 plaintiff in taking up work as a school nurse or an office nurse.

4 But the ALJ did not accurately describe the VE's hearing testimony. The  
5 ALJ asked the VE merely whether there are transferable skills from plaintiff's past  
6 relevant work to which the VE responded: "I believe there would be transferable  
7 skills." *Id.* at 47. Without explaining more, but assuming "lighter nursing work,"  
8 the VE listed school nurse and office nurse as jobs for which plaintiff would have  
9 transferable skills. *Id.* When asked by plaintiff's attorney what skills would  
10 transfer to the school nurse and office nurse positions, the VE responded that "just  
11 very basic nursing skills" would transfer by virtue of having a registered nurse  
12 license. *Id.* at 49. The VE also "assume[d] that there are some continuing  
13 education requirements for nurses" that one would need to fulfill to work as a  
14 school nurse or an office nurse, but the VE indicated he did not know what they  
15 were. *Id.* at 49-50. Thus, although the VE did state that "[t]he work of an ER  
16 nurse . . . would be significantly more complicated than . . . a school nurse and  
17 office nurse," at no point did the VE indicate that "no additional skills" would be  
18 necessary for the alternative jobs. *Id.* at 26, 49.

19 Indeed, the VE's testimony is vague as to the degree of transferable skills  
20 required and cannot be interpreted as having made a specific showing that very  
21 little to no vocational adjustment would be required for plaintiff, as required by  
22 *Renner*. See *Renner*, 786 F.2d at 1424. Nor does the ALJ's opinion, relying  
23 exclusively on but mischaracterizing the VE's testimony, demonstrate that  
24 plaintiff would be able to perform work as a school nurse or an office nurse with  
25 very little to no vocational adjustment, or that a more stringent test was being  
26 applied to the issue of transferability taking into consideration plaintiff's age. See  
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1 *id.* Accordingly, the ALJ failed to show the alternate jobs cited require little to no  
2 vocational adjustment in light of plaintiff's advanced age, as required by 20 C.F.R.  
3 § 404, Subpart P, App. 2, § 202.00(f).

4 V.

5 **REMAND IS APPROPRIATE**

6 The decision whether to remand for further proceedings or reverse and  
7 award benefits is within the discretion of the district court. *McAllister v. Sullivan*,  
8 888 F.2d 599, 603 (9th Cir. 1989). Where no useful purpose would be served by  
9 further proceedings, or where the record has been fully developed, it is appropriate  
10 to exercise this discretion to direct an immediate award of benefits. *See Benecke*,  
11 379 F.3d at 595-96; *Harman v. Apfel*, 211 F.3d 1172, 1179-80 (9th Cir. 2000)  
12 (decision whether to remand for further proceedings turns upon their likely  
13 utility). But where there are outstanding issues that must be resolved before a  
14 determination can be made, and it is not clear from the record that the ALJ would  
15 be required to find a plaintiff disabled if all the evidence were properly evaluated,  
16 remand is appropriate. *See Benecke*, 379 F.3d at 595-96; *Harman*, 211 F.3d at  
17 1179-80.

18 Here, as set out above, remand is required because the ALJ erred in failing  
19 to properly evaluate the opinions of Drs. Rifat and Gitlin, in discounting plaintiff's  
20 credibility, and in assessing plaintiff's vocational adjustment in light of her  
21 advanced age. On remand, the ALJ shall: (1) reconsider the opinions provided by  
22 Drs. Rifat and Gitlin, and either credit their opinions or provide adequate reasons  
23 under the appropriate legal standard for rejecting any portion of their opinions;  
24 and (2) reconsider plaintiff's subjective complaints, and either credit plaintiff's  
25 testimony or provide clear and convincing reasons supported by substantial  
26 evidence for rejecting it. The ALJ shall then assess plaintiff's RFC and proceed  
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1 through steps four and five to determine what work, if any, plaintiff is capable of  
2 performing. In addition, at step five, the ALJ shall reconsider the VE's testimony  
3 (or carefully consider any new VE testimony) and either find that no alternative  
4 jobs requiring very little to no vocational adjustment exist for plaintiff or  
5 demonstrate that plaintiff can work the alternative jobs identified by the VE with  
6 very little or no vocational adjustment.

7 **VI.**

8 **CONCLUSION**

9 IT IS THEREFORE ORDERED that Judgment shall be entered  
10 REVERSING the decision of the Commissioner denying benefits, and  
11 REMANDING the matter to the Commissioner for further administrative action  
12 consistent with this decision.

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15 DATED: July 25, 2013

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18 SHERI PYM  
19 United States Magistrate Judge  
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